



# 7th ANNUAL Blue Jay 5K and Hero Mile

In memory of Officer Philip Michael Pennington

The Blue Jay 5K is a USATF certified course:  
(VA12049RT)



**Saturday, October 20, 2018**

**Hero Mile begins at 8:30 a.m. followed by the 5K at 9:00 a.m.**

The purpose of the Pennington Blue Jay 5K & Hero Mile is to raise funds to support the Prince William County Police Survivors Fund, previously known as the James Edward Fisher Memorial Trust. The purpose of this fund is to support the educational expenses of children of deceased or disabled police officers of the Prince William County Police Department.

### Packet Pickup:

Will be held at Pennington Traditional School  
9305 Stonewall Rd, Manassas, VA 20110  
on the following dates:

Friday, October 19<sup>th</sup> @ 4:00 PM - 5:30 PM and Saturday, October 20<sup>th</sup> @ 7:15 AM – 8:00 AM

### Entry Fees

	Blue Jay 5K		Hero Mile	
	Online Registration	Paper Registration	Online Registration	Paper Registration
June 1 <sup>st</sup> through September 16 <sup>th</sup>	\$25	\$30	\$15	\$20
September 17 <sup>th</sup> through October 19 <sup>th</sup>	\$30 (Closes on Oct. 16 <sup>th</sup> )	\$35	\$20 (Closes on Oct. 16 <sup>th</sup> )	\$25
Race Day Registration	N/A	\$40	N/A	\$30

- **T-shirts are guaranteed to all registrants who register on or before September 24<sup>th</sup>, 2018**
  - Strollers, pets, and headphones are permitted on race day

### Awards

**\*\*Participants will receive a medal for their efforts and completion of the race\*\***

**\*\*Awards will be given to the overall male and female for the Hero Mile\*\***

The first place male and female 5K runners will receive an award in their corresponding age group.

- Overall Male and Female
- 10 & under
- 11-13
- 14-16
- 17-24
- 25-34
- 35-49
- 50 & Up.

**\*\*\*Runners shall return the Winning Time Chip to Race Timing Unlimited at the completion of the race. Runners not returning their chip will be billed \$10\*\*\***

**OFFICIAL RACE DAY ENTRY FORM**

Primary Registrant: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact (Name) \_\_\_\_\_ Emergency

Contact (Phone #) \_\_\_\_\_

**RACE WAIVER – PLEASE READ AND INITIAL BELOW TO PARTICIPATE**

I know that running a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running this event, including, but not limited to, falls, contact with other participants, the effects of weather, traffic, and conditions of the road, all such risks being known and understood by me, having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Pennington School, PWCS sponsors and agencies and municipalities, their representatives, and successors for all claims or liability of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Registrants must initial under "waiver" below to state agreement with this statement.

Name	Student's Teacher 2018-2019	Age	M/F	5K / HM	City	T-Shirt Size Youth: YS, YM, YL Adult: AS, AM, AL, and AXL	Waiver (initial)	Fee

Fee Total: \_\_\_\_\_

**Make checks payable to: Pennington School (Memo: Blue Jay 5K)**

**Links to register online can be found on the official race website:**

<http://penningtonbluejay5k.com/>

**Race Timing Unlimited will be timing this year's 5K**

Pennington Traditional School. 9305 Stonewall Rd, Manassas, VA 20110. 703.369.6644

