



# Sweethearts 4<sup>ever</sup> 4 Mile Run

Feb 11, 2018 – 10 AM

1<sup>st</sup> Race in the 2018 Coldwell Banker Elite Grand Prix Series

**Location:** YMCA at 212 Butler Rd north of Fredericksburg, Virginia. Plenty of parking in the YMCA lots.

**Registration:** Cost until Jan 21, 2018 is \$26, from Jan 22 to Feb 9, \$30 and \$35 after Feb 9, 2018. Fee includes a long sleeve cotton T-shirt. If you don't want a T-shirt, pay only \$18 until Jan 21, 2018, \$22 from Jan 22 to Feb 9 or \$27 after Feb 9, 2018. T-shirts may not be available for runners registering after Jan 21, 2018.

**Course:** This 4 mile race is on an out and back USATF Certified course, on paved roads around the YMCA, part of the dirt track around Pratt Park and on the paved Belmont – Ferry Farm Trail. Course is flat with a few short hills.

**Chip Timing** will be provided by Race Timing Unlimited, using Chronotrack Bib Tags. Bibs are to be worn on your front. No Bib, No Time.

**Awards:** Top man and woman will receive \$50 gift certificates.

**Age Groups:** The top 3 men and women in each of the following age groups will receive an award: 19 & U, 20-24, 25-29, 30-34, 35-39 40-44, 45-49, 50-54, 55-59, 60-69 and 70 & over (mugs).

**Couples Division:** The top 3 couples based on lowest age and gender adjusted combined times will receive \$50 gift certificates. A couple is defined as two adults (18 or over) that have been in a monogamous relationship together for at least one year.

**Race day registration** will be held from 9 to 9:45am. Please arrive early to allow yourself enough time to complete the registration process.

**Packet Pick Up & Late Registration:** Race numbers and T-shirts may be picked up on Saturday Feb 10 (10am to 5pm) at Lucky Road in Eagle Village and at the YMCA on Feb 11 (starting at 9am). Packets not picked up will not be mailed. No Refunds.

**Register on-line with NO transaction surcharge at**  
[www.racetimingunlimited.org](http://www.racetimingunlimited.org)

**Important Information:** To ensure runner safety, unregistered runners, unauthorized vehicles, bicycles, skateboards, roller skates and roller blades and running with dogs are prohibited on the course. Course is closed to traffic, headphones are discouraged. No stroller pushing faster than 15 minutes per mile.

**Directions** from I-95, exit 133 – take Route 17 South, after about 2 miles, road changes to Butler Road at the Falmouth traffic light. YMCA is about 1 mile on the right

**Race Held Rain or Shine:** In case of a snow emergency, race may be postponed until Feb 18, 2018. Check [www.racetimingunlimited.org](http://www.racetimingunlimited.org) web site for cancellation status. No refunds for postponed or cancelled race.



Sweethearts 4ever 4 Mile Run – 2/11/2018 – 10 AM

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>Date of Birth (mm-dd-yy)</b>			<b>Age</b>	<b>M/F</b>	<b>E-Mail Address</b>
<input type="text"/>			<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>Last Name (ie Smith)</b>				<b>Phone</b>	
<input type="text"/>			<input type="text"/>		
<b>How should name appear in results? (ie John Smith)</b>					
<input type="text"/>					
<b>Address</b>					
<input type="text"/>			<input type="text"/>	<input type="text"/>	
<b>City</b>			<b>State</b>	<b>Zip</b>	
<input type="text"/>					

**Fees:**

Until Jan 21, 18	\$18
Jan 22 to Feb 9	\$22
After Feb 9, 18	\$27

Long Sleeve T-Shirt	\$8
Circle size	
S M L XL	

**Total Paid:**

**Couples Division: partners name**

In consideration of the foregoing, I for myself, executors and administrators, waive and release any and all rights and claims for damages I may have against Race Timing Unlimited and Stafford County, and any and all sponsors or supporters, actions whatsoever in any manner as a result of my or my child's participation in this event and that my medical condition to do so has been verified by a licensed medical doctor. Further, I grant full permission to any and all of the foregoing to use my or my child's likeness for any further publicity or advertising. I have read the above conditions and accept them as shown by my signature.

Signature

Or Parent Signature if under 18

Date

Make checks payable to: Race Timing Unlimited

Mail to: Race Timing Unlimited, PO Box 8241 Fredericksburg, VA 22404