



# ONE EYED ZOMBIE

# TERROR TRAIL 5K

**Benefit Run For Semper Fi Fund**

**Saturday  
Oct. 20th  
4 pm**

**Start / Finish at  
Caledon  
State Park  
11617 Caledon  
Road  
King George,  
VA 22485**

**Proceeds from  
this race go to  
the Injured Marine  
Semper Fi Fund!**

**Race Details:** Trail Run will begin and end at the Caledon Visitor Center. The courses will be on the park's interior fire roads Boyd's Hole Loop.

Zombies and survivors run on separate clocks. Survivors must out-run the zombie horde that follows only seconds behind. (30 second head start) Survivors must negotiate obstacles on trails and avoid the zombies which guard these points. Survivors will have life ribbons. Loss of a ribbon goes against your run time. Zombies may bypass obstacles. Zombies must be in costume/makeup/or be indicated a zombie. Some obstacles may contain bonus ribbons, stop if you dare.

**Registration:** Survivor: \$25, Zombie: \$25. Pre-registration by mail or on-line ([racetimingunlimited.org](http://racetimingunlimited.org)).

**Awards:** Will be given to top male & female survivor & zombie in each age division - (13-17, 18-28, 29--39, 40 & Up) Prizes also awarded for costumed runners.

**T shirts (optional):** short-sleeved technical shirts for entrants (\$15). Some shirts may be available on the day of the race.

**Packet Pick-up & Late Registration :** Caledon State Park Visitor Center, Race day Saturday from 1:00 p.m. to 3:30 p.m.

**More Info:** Contact Justyn Cox, Race Director 540-295-5300 [howlincoyote10k@hotmail.com](mailto:howlincoyote10k@hotmail.com)

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<b>Last Name</b>	<b>First Name</b>		
<b>Address</b>		<b>Date of Birth mm/dd/yr</b>	<b>M/F</b>
<b>City</b>	<b>State</b>	<b>Zip code</b>	

\$	Survivor (\$25 )	
\$	Zombie (\$25)	
\$	Tech Shirt \$15	<input type="text"/> Size s-xxl
\$	Amount enclosed	

**Please make checks or money orders payable to The Friends of Caledon.**

**Email**

**Phone**

**Incomplete or unsigned entry forms will not be accepted!** In consideration of the foregoing, I for myself, executors, and administrators, waive and release any and all rights and claims for damages I may have against Caledon State Park and any and all sponsors or supporters, for all claims, and damages, actions what so ever in any manner as a result of my participation in this event and that my medical condition to do so has been verified by a licensed medical doctor.

Please return the completed entry form and payment to: Caledon State Park, 11617 Caledon Rd, King George, VA 22485 or register on line at [racetimingunlimited.org](http://racetimingunlimited.org).



## ***THE ONE-EYED ZOMBIE TRAIL OF TERROR 5K*** ***SATURDAY, OCTOBER 20***

Presented to you by The Friends of Caledon in partnership with Team R.W.B. Fredericksburg and King George Chiropractic to benefit the Injured Marine Semper Fi Fund!

Are you prepared for the ***Zombie Apocalypse***? Can you escape your fate of being food for the seething horde or will you fall prey and become one of the teeming masses? Run through trails and obstacles while avoiding hordes of hungry zombies at every turn and breathing down your neck? Or you can choose to be one of the teeming masses of the undead in your quest for a yummy feast of warm human take out. Finish the course with the most ***LIFE RIBBONS*** and WIN!

- **Zombies and Survivors run on separate clocks.**
- **Survivors must out-run the zombie horde that follows only seconds behind!**
- **Zombies take off 30 seconds after survivors!**
- **Survivors must negotiate obstacles and avoid the zombies that guard them.**
- **Survivors will have "Life Ribbons." Lost ribbons go against your run time.**
- **Total time of run minus lost "Life Ribbons" will be your score.**
- **Zombies may bypass obstacles or use them to capture survivors "Life Ribbons."**
- **Zombies must be in costume/makeup/or be indicated a zombie.**
- **Finish time minus collected "Life Ribbons" will be your score.**
- **Some obstacles may contain bonus ribbons. Stop if you dare!**
- **Contact Caledon State Park for more info: 540-663-3861.**

