



King George Family YMCA
10545 Kings Highway
King George, VA 22485

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SUNDAY October 10th, 2010 5K Run/Walk – 8:00 AM
Kids Fun Run (14 and under) – 9:00 AM

King George Fall Festival 5K Run/Walk & 1 Mile Kids Fun Run

Location:

10545 Kings Highway, King George, VA
at the King George Family YMCA.

Sponsored by Journey



Race Details: Both 5K Run/Walk and 1-mile Kids Fun Run road races will begin and end at the King George YMCA. The 5K Run is certified and professionally timed.

Registration: Begins August 30th: 5K Run/Walk: \$15, Kids Fun Run: \$10. (\$5 late fee if received after Sept. 27th), Pre-registration by mail or on-line: www.racetimingunlimited.org

Pick up race forms at any Rapp Area YMCA, KG schools or on-line at www.family-ymca.org

Awards: Will be given to male and female top 3 overall finishers in the 5K Run/Walk and Kids Fun Run and in each age division - 5K (19 & Under, 20-29, 30-39, 40-49, 50-59, 60 & Up); Fun Run (6 & Under, 7-8, 9-10, 11-12, 13-14). All Fun Run finishers will receive a medal. Grand Prize winners will not be duplicated.

T shirts (optional): Long-sleeved T-shirts for 5K Run/Walk entrants (\$10), Short sleeved T-shirts for Fun Run entrants (\$5). *Shirts guaranteed to all pre-registered runners - late registrants will receive shirts as available.*

Packet Pick-up & Late Registration : KG YMCA from 3:00 to 7:00 PM on Saturday, October 9th – and on race day from 6:30-7:45 AM, Fun Run until 8:45 AM.

Registration Form: one per person (please print)

Last Name										First Name													
Address															Age as of 10/1/10		Date of Birth - DD - YY		MM				
City										State		Zip Code		Gender (M/F)									
										() -													
E-mail Address										Phone #													
Indicate which event entered and shirt selection																							
\$ <input style="width: 50px;" type="text"/> 5 K Run/Walk \$15 (\$20 after 9/27)					\$ <input style="width: 50px;" type="text"/> Kids Fun Run (\$10)																		
\$ <input style="width: 50px;" type="text"/> Long sleeved T-shirt (add \$10)					<input style="width: 50px;" type="text"/> Shirt size (S,M,L, XL,XXL)					\$ <input style="width: 50px;" type="text"/> Short sleeve T-shirt (add \$5)					<input style="width: 50px;" type="text"/>								
\$ <input style="width: 50px;" type="text"/> Amount Enclosed										\$ <input style="width: 50px;" type="text"/> Amount Enclosed													

Questions and more information contact Gary Roach at (540) 775-9622, ext 3024

Make checks payable to: **King George YMCA**

Mail completed form and check to: King George YMCA
10545 Kings Highway
King George, VA 22485