

YMCA 10km  
 Measured by  
 Vic Culp  
 July 27, 2003

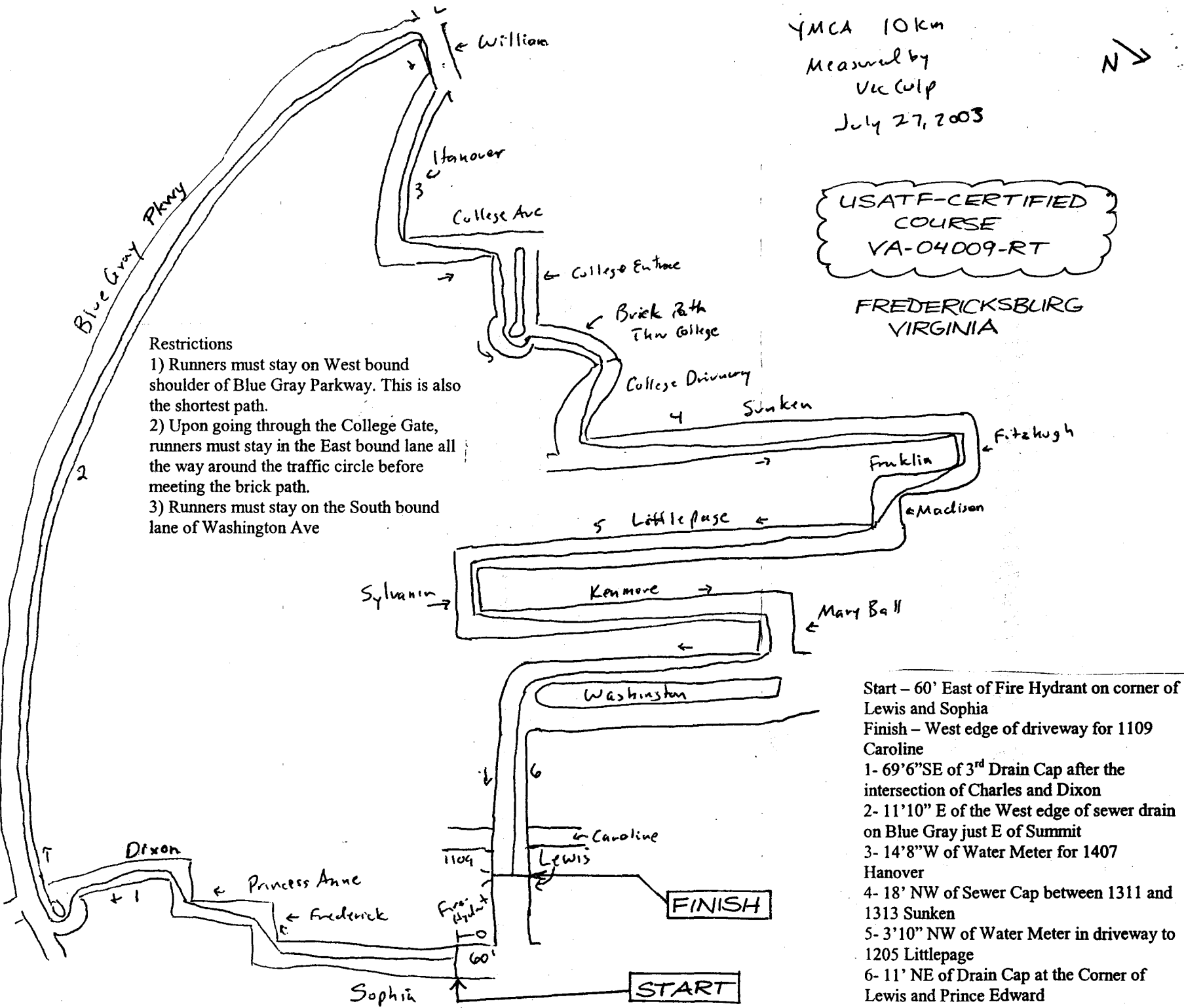


USATF-CERTIFIED  
 COURSE  
 VA-04009-RT

FREDERICKSBURG  
 VIRGINIA

Restrictions

- 1) Runners must stay on West bound shoulder of Blue Gray Parkway. This is also the shortest path.
- 2) Upon going through the College Gate, runners must stay in the East bound lane all the way around the traffic circle before meeting the brick path.
- 3) Runners must stay on the South bound lane of Washington Ave



- Start - 60' East of Fire Hydrant on corner of Lewis and Sophia  
 Finish - West edge of driveway for 1109 Caroline
- 1- 69'6" SE of 3<sup>rd</sup> Drain Cap after the intersection of Charles and Dixon
  - 2- 11'10" E of the West edge of sewer drain on Blue Gray just E of Summit
  - 3- 14'8" W of Water Meter for 1407 Hanover
  - 4- 18' NW of Sewer Cap between 1311 and 1313 Sunken
  - 5- 3'10" NW of Water Meter in driveway to 1205 Littlepage
  - 6- 11' NE of Drain Cap at the Corner of Lewis and Prince Edward