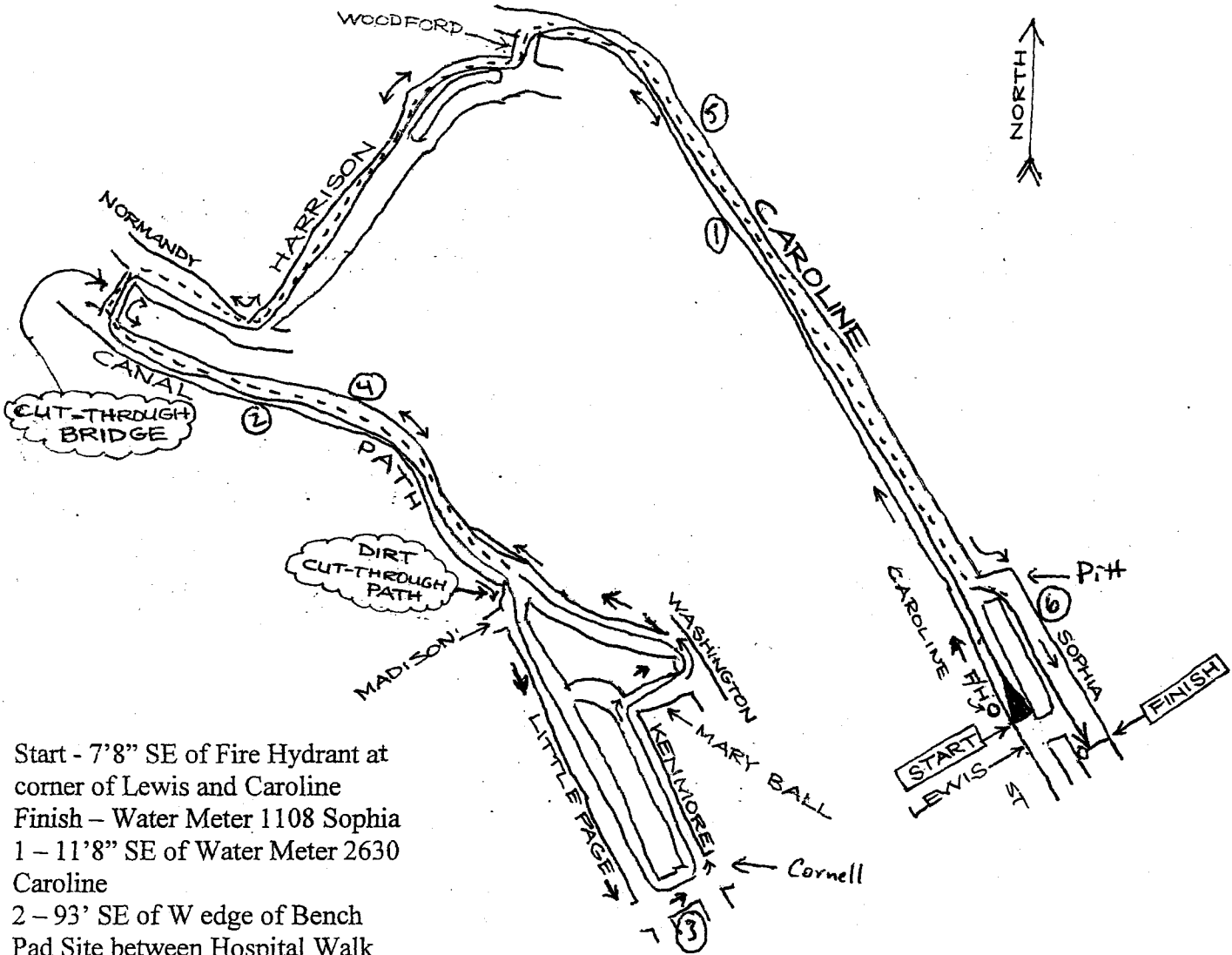


YMCA 10 km  
FREDERICKSBURG, VIRGINIA

MAP NOT TO SCALE

USATF-CERTIFIED  
COURSE  
VA-06010-RT



- Start - 7'8" SE of Fire Hydrant at corner of Lewis and Caroline
- Finish - Water Meter 1108 Sophia
- 1 - 11'8" SE of Water Meter 2630 Caroline
- 2 - 93' SE of W edge of Bench Pad Site between Hospital Walk and Rt 1
- 3 - 19'9" SW of Pole RH49-145 on Cornell
- 4 - 300' NW of Rt 1. Look for nail and paint
- 5 - 35' SE of No Parking Sign between Freedom and Woodford on Caroline
- 6 - 6'5" NW of Pole 18C in front of 1407 Sophia

MEASURED MARCH 12, 2006  
BY VIC CULP