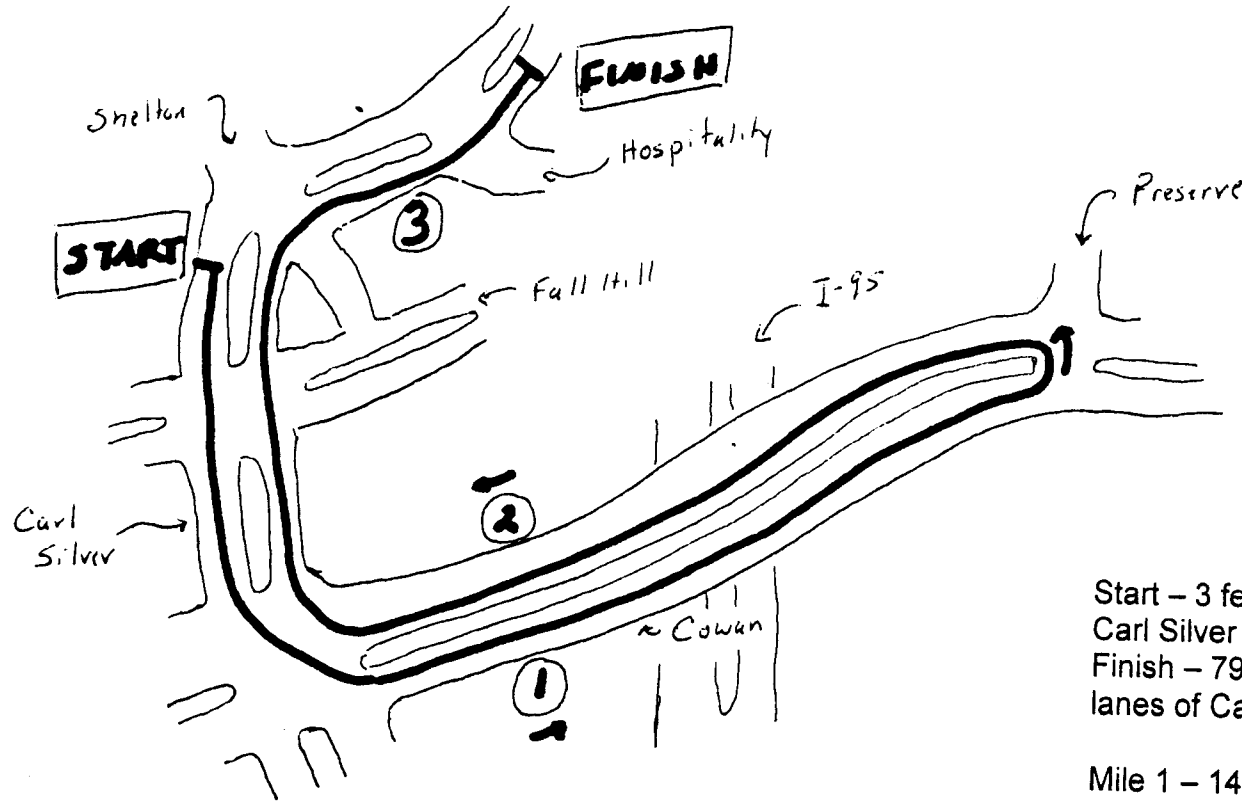


↑ N

Semper Fred 5km
measured by Vic Culp
July 22, 2007, Feb 21, 2009
& March 22, 2009

USATF-CERTIFIED
COURSE
VA-09013-RT

FREDERICKSBURG, VIRGINIA



Start - 3 feet N of Pole Q064 in the S bound lanes of Carl Silver Pkwy
 Finish - 79 feet NE of Pole SA58 in the N bound lanes of Carl Silver Pkwy

Mile 1 - 140 feet W of E bridge joint of I95 bridge on E bound lanes of Cowan Blvd
 Mile 2 - 33'6" E of first Drain Cap W of I95 bridge on W bound lanes of Cowan Blvd
 Mile 3 - 39'6" NE of Pole RA70 in the N bound lanes of Carl Silver Pkwy

CERTIFICATION IN EFFECT
 MAY 1, 2009 TO DEC. 31, 2019

