

Colonial Beach 5 km
 Colonial Beach, VA
 Measured by Vic Culp
 On February 21, 2010

USATF-CERTIFIED
 COURSE
 VA-10011-RT

- Start/Finish** – Pole H1236 VD73 which is the first pole east of the western entrance to the days inn parking lot
- Mile 1** – 164'8" N of fire hydrant on Irving at Witt
- Turnaround** – 48' N of Pole UWT603 SPSK6 which is in the north of the Wakefield Motel parking lot.
- Mile 2** – 48'4" S of fire hydrant on Irving at Thackey
- Mile 3** – 136' 4" N of the first fire hydrant on Washington south of Colonial

