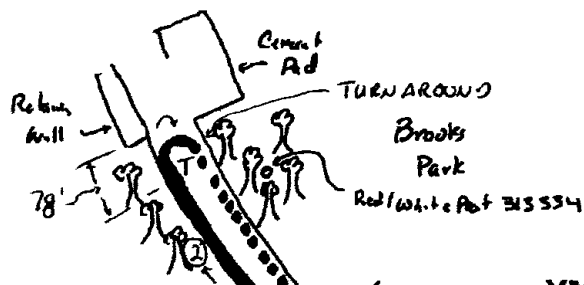




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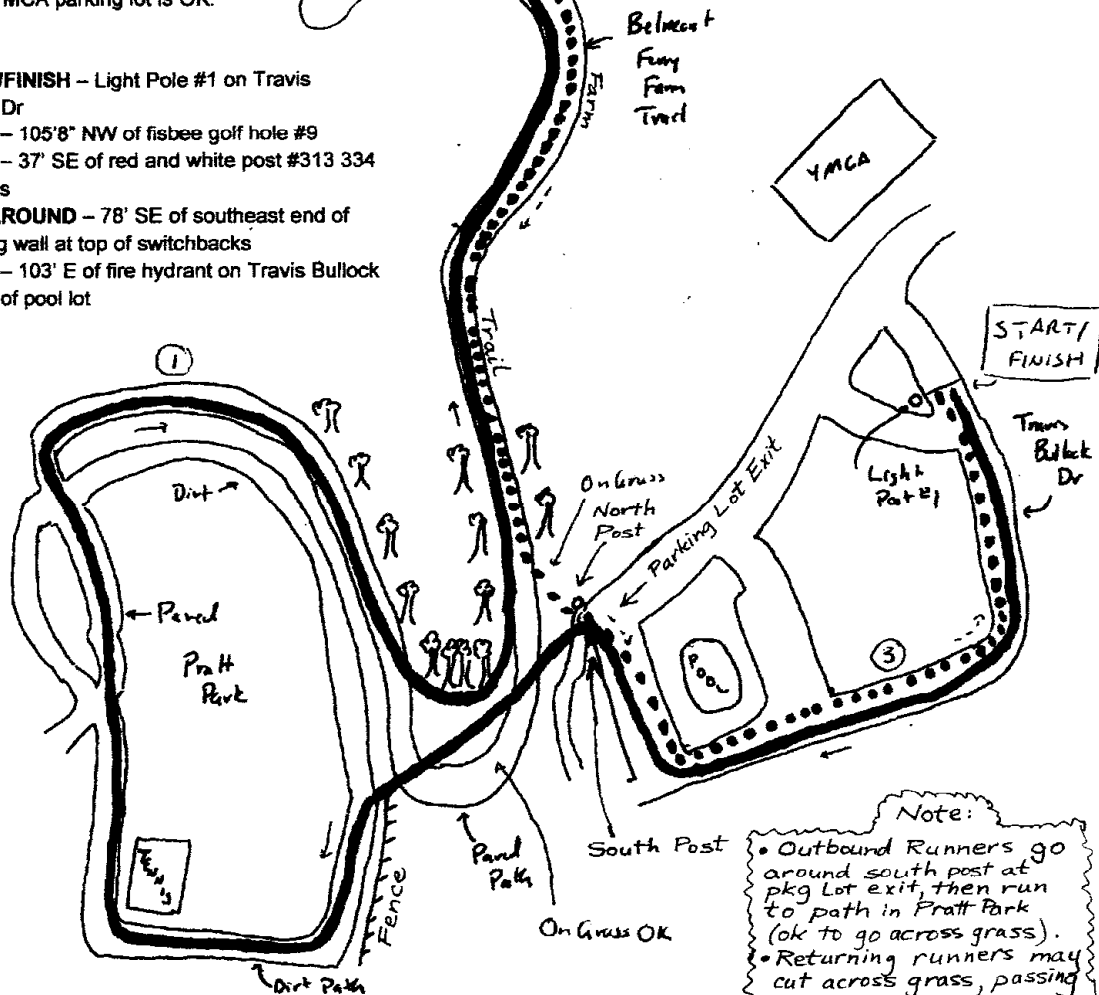


### YMCA Belmont Trail 5km

Fredericksburg, VA  
Measured by Vic Culp  
On September 2, 2012

Course is run on the paved Ferry Farm Belmont Trail, except for the dirt path on the south side of Pratt Park. Shortcutting corners on grass near exit of YMCA parking lot is OK.

- START/FINISH** – Light Pole #1 on Travis Bullock Dr
- MILE 1** – 105'8" NW of fisbee golf hole #9
- MILE 2** – 37' SE of red and white post #313 334 in woods
- TURNAROUND** – 78' SE of southeast end of retaining wall at top of switchbacks
- MILE 3** – 103' E of fire hydrant on Travis Bullock Dr east of pool lot



Note:

- Outbound Runners go around south post at pkg lot exit, then run to path in Pratt Park (ok to go across grass).
- Returning runners may cut across grass, passing to right of north post as they begin finish loop.