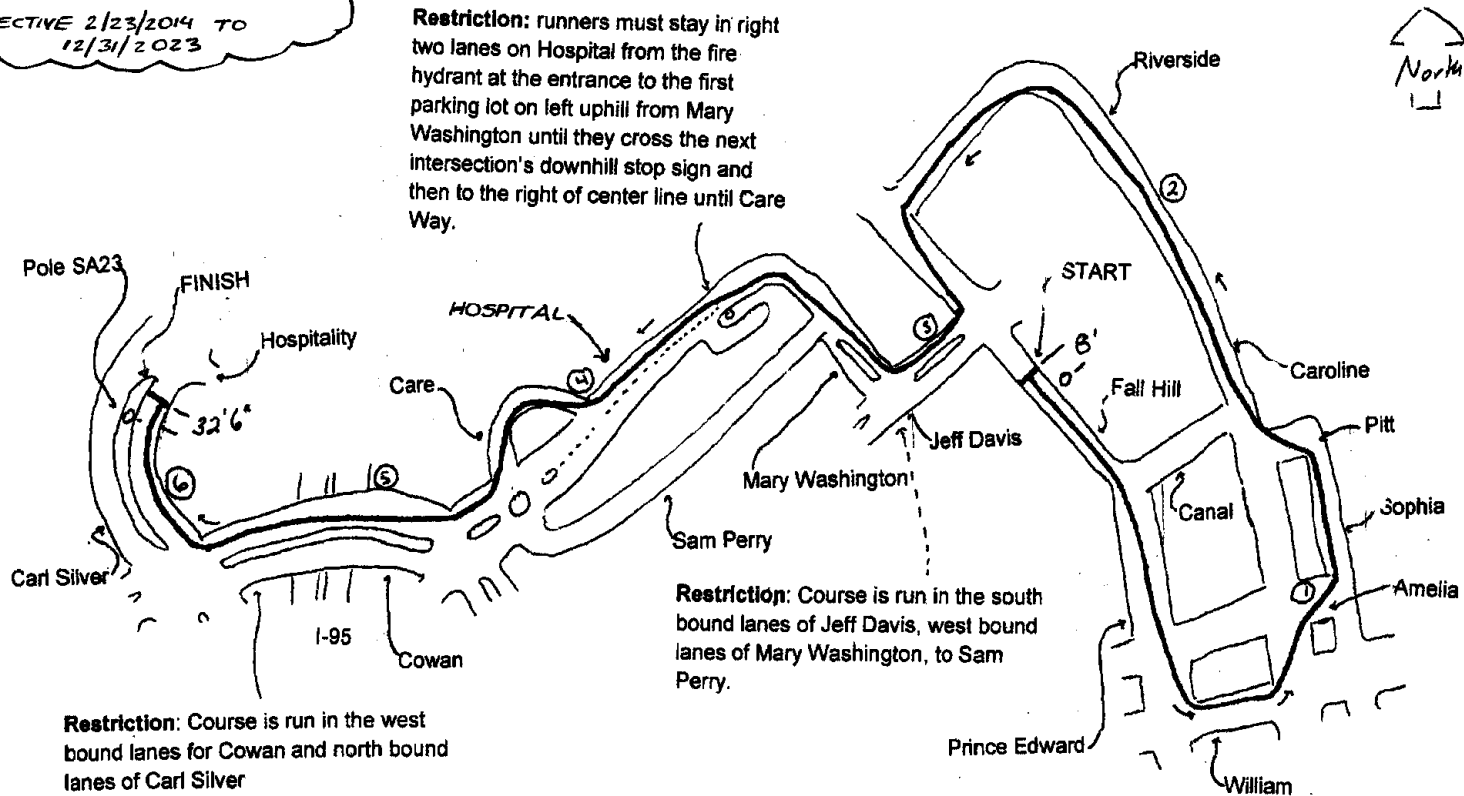


LISATF CERTIFIED COURSE
VA 1306ART
EFFECTIVE 2/23/2014 TO
12/31/2023

Restriction: runners must stay in right two lanes on Hospital from the fire hydrant at the entrance to the first parking lot on left uphill from Mary Washington until they cross the next intersection's downhill stop sign and then to the right of center line until Care Way.



Restriction: Course is run in the west bound lanes for Cowan and north bound lanes of Carl Silver

Restriction: Course is run in the south bound lanes of Jeff Davis, west bound lanes of Mary Washington, to Sam Perry.

- START - 8' NW of water meter in driveway between 2003 and 2005 Fall Hill
- MILE 1 - 96'1" SW of fire hydrant on Amelia at Sophia
- MILE 2 - 69'4" SE of fire hydrant on Caroline at Progress
- MILE 3 - 31'8" SE of drain cap on Fall Hill at Jeff Davis
- MILE 4 - 75'4" SE of fire hydrant on Care at Hospital
- MILE 5 - 70'4" E of east joint in I-95 Bridge
- MILE 6 - 374' 2" SW of pole RO07
- FINISH - 32'6" NE of pole SA23 in northeast bound lanes of Carl Silver

Marine Corps Historic 10km
Version 2014
Fredericksburg, VA
Measured by Vic Culp
On March 22, 2009, Feb 3, 2013 and
Feb 23, 2013