

Measured by Vic Culp On May 31, 2015 & June 13, 2015

Fredericksburg, VA

Rob's Car Wash

1889

START

START

I-95

1877

START - 129' NW of light pole in front of 1877 Carl Silver Parkway and 1' NW of light pole in front of 1889 Carl Silver Parkway

USATF

VA Runner

FINISH

MILE 1 - 34'10" W of first drain cap west of Preserve MILE 10 - 6'2" W of pole 508 0 at Shelton Bridge MILE 2 - 176'3" W of pole HOO39 JA 91 which is just MILE 11 - 112'10" E of pole HOO39 JA 91 which is west of the stairs leading to the canal path just west of the stairs leading to the canal path MILE 3 - 12'2" W of pole HOO39 LB08 which is at MILE 12 - 89'2" E of sewer cap marked "Storm" in 3012 Linden Preserve at Cowan

MILE 4 - 42'9" W of western bridge joint on first bridge east of Outdoor Center

MILE 5 - 12'10" E of pole HOO39 RD55 which is at 2606 Caroline

MILE 6 - 56'10" W of pole OL82 at the dog park MILE 7 - 41'1" E of pole OG6 which is at 913

MILE 8 - 2'7" W of back fence line for house on Winchester backing to Washington

Falmouth Bridge on corner pointing toward path

MILE 9 - 46'8" E of water meter building east of

On Fall Hill Avenue sidewalk

RESTRICTION: Runners must stay in far right lane of west bound Cowan between Hospital and Car Wash

Care

12

Canal Path

Sam Perry

Hospital

Mary Washington

Jeff Davis

Madison

Fitzhugh

Linden

Cut-through

Normandy

MILE 13 - 33'10" SE of third fire hydrant from Fall Hill

FINISH - 20' E of island tip in third lane from VA

Runner and second island from west entrance road

Heritage Trail

Ave in front of Cici

Franklin Littlepage Sunken Mortimer

Dirt Cut-through

Canal Path

Kenmore

Grove

USATF Certificate VA15060RT Effective 11/16/2015 - 12/31/2025