



Fredericksburg, VA

**START** – 129' NW of light pole in front of 1877 Carl Silver Parkway and 1' NW of light pole in front of 1889 Carl Silver Parkway  
**MILE 1** – 34'10" W of first drain cap west of Preserve  
**TURNAROUND** – 27' S of Pole GM43  
**MILE 12** – 77'10" E of sewer cap marked "Storm" in Preserve at Cowan  
**MILE 13** – 22'6" SE of third fire hydrant from Fall Hill Ave in front of Cici  
**FINISH** – 20' E of island tip in third lane from VA Runner and second island from west entrance road

**USATF Certificate  
VA15061RT  
Effective 11/16/2015  
to 12/31/2025**

