

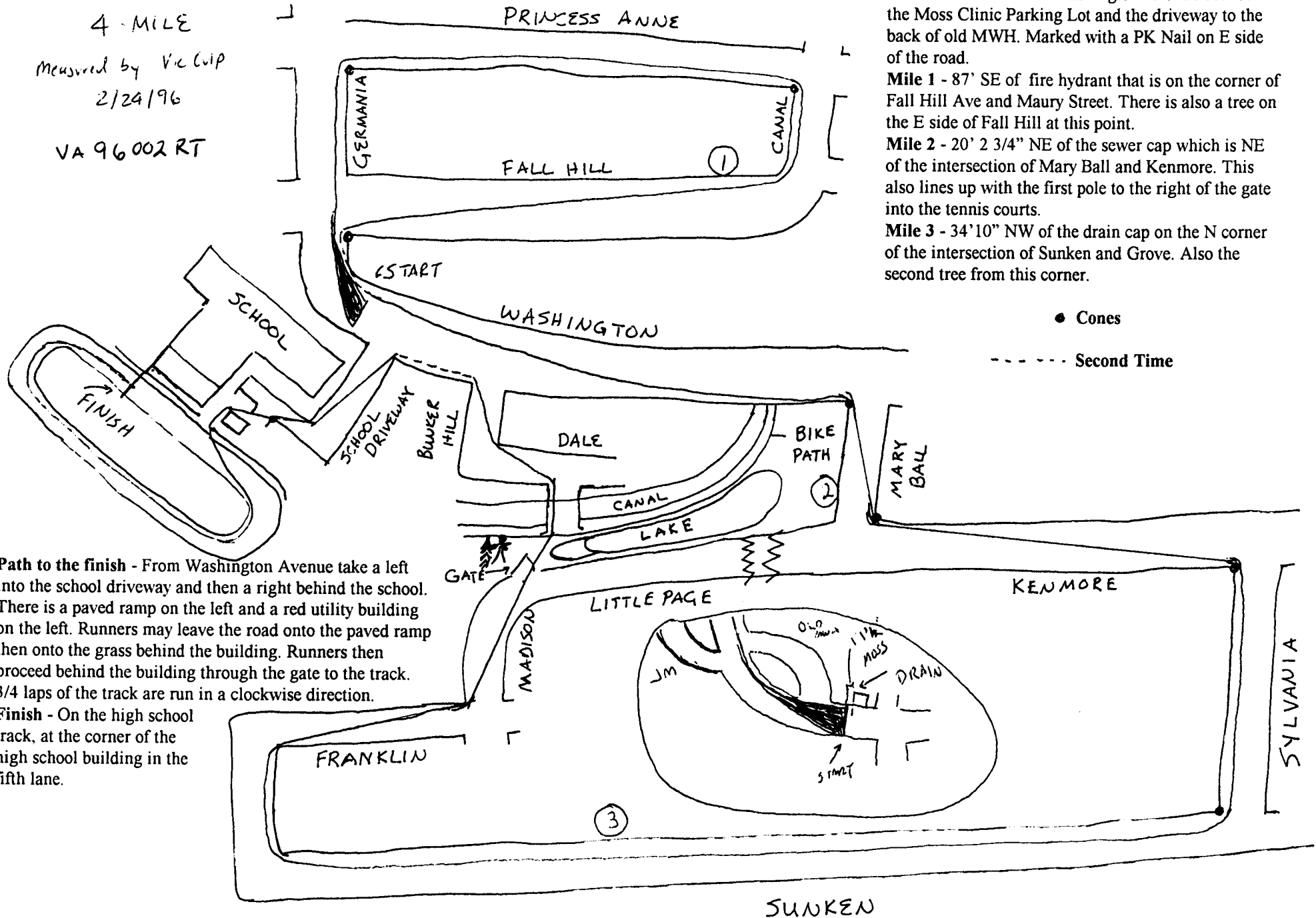
TN

JAMES MONROE

4-MILE

Measured by Vic Culp
2/24/96

VA 96002 RT



Path to the finish - From Washington Avenue take a left into the school driveway and then a right behind the school. There is a paved ramp on the left and a red utility building on the left. Runners may leave the road onto the paved ramp then onto the grass behind the building. Runners then proceed behind the building through the gate to the track. 3/4 laps of the track are run in a clockwise direction.

Finish - On the high school track, at the corner of the high school building in the fifth lane.

Start - On Washington Avenue, 1'1 1/2" N of Drain that is on the E side of Washington Avenue between the Moss Clinic Parking Lot and the driveway to the back of old MWH. Marked with a PK Nail on E side of the road.

Mile 1 - 87' SE of fire hydrant that is on the corner of Fall Hill Ave and Maury Street. There is also a tree on the E side of Fall Hill at this point.

Mile 2 - 20' 2 3/4" NE of the sewer cap which is NE of the intersection of Mary Ball and Kenmore. This also lines up with the first pole to the right of the gate into the tennis courts.

Mile 3 - 34' 10" NW of the drain cap on the N corner of the intersection of Sunken and Grove. Also the second tree from this corner.

● Cones

----- Second Time