

# LAKE of the Woods 10K

measured by: Vic Culp  
on: 4/6/96



LOCUST GROVE  
VIRGINIA

USATF-CERTIFIED COURSE  
NUMBER VA96014 RT

### Mile Splits

- 1 - 24' N of 4002 Lakeview Water Meter
- 2 - Lee Circle Sign on NE Corner of Intersection with Lakeview
- 3 - Front Door of 2104 Lakeview
- 4 - Blue Water Meter Cover of 1352 Lakeview
- 5 - Southside of Driveway of 1003 Lakeview
- 6 - Orange Washdown Faucet on East Side of Lakeview South of Spillway

Start - About 10 feet N of Spotswood Rd on Lakeview Parkway there is a green Cable TV Box Start. aligns with this box

Finish - A creek passes through a pipe on the first entrance to the lower parking area. The finish aligns with the center point of this pipe.

Except for the last 10 feet the course stays on Lakeview Parkway.

