

Run/Walk for Life 5K

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Date of Birth (mm-dd-yy)		Age	M/F	
<input type="text"/>				
Last Name				
<input type="text"/>				
First Name				
<input type="text"/>				
Address				
<input type="text"/>				
City			State	Zip
<input type="text"/>				
Email Address				
<input type="text"/>				
Team Name				
<input type="text"/>				
Fees				
Until May 25, 2010	\$17 – group of three or more \$15 each			
After May 25, 2010	\$22 – group of three or more \$20 each			
T-shirt	Add \$5	Circle Size	S	M
			L	XL
Donation to WRTC	<input type="text"/>	Total Paid	<input type="text"/>	
Donor Family Member:	<input type="checkbox"/>	Transplant Recipient:	<input type="checkbox"/>	Living Donor:
	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

In consideration of the foregoing, I for myself, executors and administrators, waive and release any and all rights and claims for damages I may have against Race Timing Unlimited, Washington Regional Transplant Community, National Parks Service, City of Washington DC, and any and all sponsors or supporters, actions whatsoever in any manner as a result of my or my child's participation in this event and that my medical condition to do so has been verified by a licensed medical doctor. Further, I grant full permission to any and all of the foregoing to use my or my child's likeness for any further publicity or advertising. I have read the above conditions and accept them as shown by my signature.

Signature (Parent if under 18) _____ Date _____

Make checks payable to: Race Timing Unlimited

Mail to: Race Timing Unlimited
 PO Box 8241
 Fredericksburg, VA 22404

For more information: www.racetimingunlimited.org
 540-657-1455
 Email: yic@farc.org

*Race Timing Unlimited
 Presents*



SUNDAY, JUNE 13, 2010 8:00 a.m.

**Start/Finish @ Picnic Grove 24
 Carter Baron Amphitheater, Rock Creek Park
 Washington, DC**

Great for runners, walkers; great for families!

**Sponsored by
 Washington Regional Transplant Community**

Run: Rain or Shine

Race Information and Course Maps: are posted and will be periodically updated at www.racetimingunlimited.org. Race cancellation and refund policies are posted on this website.

Registration: Cost on or before May 25, 2010 \$17 and \$22 thereafter. Race limited to first 500 to register.

Team Registration: For groups of 3 or more mailed at the same time, take \$2 off each group member's race entry fee.

T-Shirts optional: Costs an additional \$5. T-shirts may not be available for runners registering after May 25, 2010.

Awards: Top three male and female finishers overall and top three male and female finishers in each age group will receive gift certificates. There will be gift prizes for various team categories.

Age Groups: Ten year age groups will be used, 19 and under to 70 and over.

Packet Pick Up & Late Registration: Race numbers and T-shirts may be picked up at Washington Sports Club, 2800 Clarendon Blvd, Arlington, VA 22201 on Saturday June 12 (10am to 4pm) and at Picnic Grove 24 on June 13 (starting at 7am). Packets not picked up will not be mailed and shirts may be resold or given to volunteers.

No Race day registration: Registration closes at 4pm on June 12.

Important Information: To ensure runner safety, unregistered runners, bicycles, skateboards, roller skates and roller blades and running with dogs are prohibited on the course. Headphones are discouraged. Competitive stroller pushing is prohibited.

Course: USATF certified (DC95044RT) out and back course on Morrow Ave and Beach Drive. Water station at miles 1 and 2. Liberal time limit. Walkers are encouraged to participate.

Chip Timing will be provided by Race Timing Unlimited, using Winning Time Chips. Chips will be distributed at Picnic Grove 24 starting at 7am on race day. Chips are to be worn on the right ankle. No Chip, No Time. Awards are based on Gun Time.

Chips are not disposable. Any runner not returning their chip will be billed \$10.

Race Information: email: vic@farc.org or 540-657-1455

Address for Packet Pickup:

June 12 (10am to 4pm)
Washington Sports Club
2800 Clarendon Blvd
Arlington VA 22201
703-465-2828

Directions to Start/Finish Take I-95 South to I-495 West. Exit at Georgia Avenue South and stay in the right lane. Exit 16th Street to Washington, D.C. Continue three miles and turn right onto Morrow Ave. or Colorado Ave. and follow signs for CBA parking.

Race Benefits: Part of race proceeds and all donations benefit Washington Regional Transplant Community public awareness programs for organ, eye and tissue donation

Register Online at:
www.racetimingunlimited.org

Founded in 1986, Washington Regional Transplant Community (WRTC) is the federally-designated organ procurement organization (OPO) for the metropolitan Washington, DC, area. It is the 501(c)(3) non-profit agency responsible for recovering and distributing organs and tissues used in lifesaving and life-enhancing transplants as well as for far-reaching medical research and therapy. WRTC covers all of the District of Columbia, Northern Virginia and Montgomery, Prince George's and Charles counties in Maryland. WRTC serves approximately 4.75 million people, 44 hospitals and six transplant centers. It is the mission of WRTC to **recover organs and tissues by preserving every donation option, excelling in recovery and placement, and providing care for donors and their families.** WRTC's vision is **healing communities through organ and tissue donation.** Dedicated to its mission and vision, WRTC is proud to support citizens in their wish to become donors, donor families, recipients and every patient on the transplant waiting list. For more information to:

www.BeADonor.org

