

LIVE UNITED FUN RUN

CELEBRATE VA PARKWAY
SATURDAY, NOV 6 2010

ENTRY INFORMATION:

Open to public

Ages 14 years and up

\$20 to register

\$5 for optional t-shirt

FOR MORE INFORMATION:

www.racetimingunlimited.org

Flex Appeal Gym

540.752.7643 / tntfrye@gmail.com

Cannon Ridge Golf Club

540.735.8000 / jclinton@golfcannonridge.com



LIVE UNITED FUN RUN 5K RUN/WALK

NOVEMBER 6, 2010

7:30 AM REGISTRATION

9:00 AM RACE START

CELEBRATE VA PARKWAY

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